

**Gene Eppley Camp CHALLENGE COURSE**  
915 Allied Road Bellevue NE 68123



## Welcome to Adventure!

The Gene Eppley Camp Challenge Course uses a variety of activities including warm-ups, games, team-building initiatives and low and high Ropes Course activities. Although some of these activities can be physically demanding, they are designed to be safe and within the capability of anyone in reasonably good health.

The Gene Eppley Camp operates under the “**Challenge by Choice**” philosophy. This means that you have the option to select your personal level of challenge in all activities or choose not to participate in an activity. If you begin an activity and do not want to complete it, it is your right to ask to quit the activity. The Challenge Course facilitators will assist you in a manner that is safe for you and other participants. During the program, we will provide a challenging setting in which to expand your limits, while supporting your personal boundaries.

As with any physical activity, there is some risk of injury. To minimize the potential for accidents, it is important to listen to the facilitators and follow their instructions. Please ask questions if you do not understand directions.

### Your experience on The Gene Eppley Challenge Course may include any or all of the following:

- **Climbing Walls:** Beginner and Intermediate walls built on the 37 ft. high climbing tower. Participants wear safety equipment handled by trained Challenge Course staff.
- **Six High Ropes elements:** Lazy Two-Line, Catwalk, Raiders' Bridge, Multi-vine Traverse, Pirate's Crossing and Pipeline all involve walking on a cable or other foot support 35' above the ground between two poles, while wearing safety harness handled by professionally trained Challenge Course staff.
- **The Wild Woozy** is an advanced element for experienced participants only.
- **The Zip Line** is a high element consisting of a cable 250 feet long attached to two poles. By use of a harness, a person can ride the cable, beginning at the top of the 37 ft tower.

### What to wear:

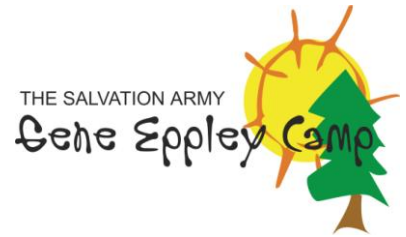
- Loose, comfortable clothing that you can move around in well
- Avoid wide-leg shorts, halter-tops and other styles which cannot be worn modestly during above-the-ground and bending activity
- Tennis or walking shoes, lightweight hiking boots (no open toed shoes, flip flops, or sandals)
- Layers of clothing, so you can adjust as needed according to the weather
- Baseball cap or sun visor and sun glasses for sunny weather and a warm hat or cap for cooler weather

### What to bring:

- Your signed “Participant Information and Release of Liability Form, & Voluntary Release Form”
- Bottled water or sports drink, etc. for yourself, snacks like granola bars if you want.
- Warm jacket or coat, wool cap/hat and gloves for cold weather
- Hooded rain jacket /poncho for rainy weather.
- For hot summer weather please bring sunscreen, and insect repellent

**Keep This Page for Reference**

**Gene Eppley Camp CHALLENGE COURSE**  
915 Allied Road Bellevue NE 68123



**Applicant Information and Release of Liability**  
Page 1 of 2

Group: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_

Phone: \_\_\_\_\_ Health/Accident Insurance \_\_\_\_\_

**If you have any current or past physical or mental conditions which might limit your participation in Challenge Course activities, it is your own responsibility to determine whether this activity is right for you.**

\_\_\_\_\_ **I understand that Challenge Course activities are by nature physically and mentally demanding,** and will involve bending, twisting, lifting, running, jumping, climbing, swinging, increased heart rate and physical contact with others.

\_\_\_\_\_ **Although the Gene Eppley Camp Challenge Course staff make every reasonable effort to minimize risks, not all hazards can be foreseen, and injury could occur, such as** cuts, bruises, scrapes, fractures, and more serious injuries. I am aware that certain risks and hazards may exist in the activities that are beyond the control of the Gene Eppley Camp Challenge Course and staff.

\_\_\_\_\_ **I state that I am not under the influence of chemical substances including alcohol, and that I will not be under the influence of any substance when participating in the Gene Eppley Camp Challenge Course program.** I realize participating in Challenge Course activities while under the influence of a substance could endanger others and myself.

\_\_\_\_\_ **Once I am familiar with any and all of the rules** established for the Challenge Course activities, I will obey them or exclude myself from that activity.

I affirm that I have answered the above questions accurately and completely. I, the undersigned, understand that there are inherent risks of bodily injury or damage to property that accompany my participation in Challenge Course activities.

By signing below, I acknowledge that I have fully satisfied myself as to the nature of the activities that I will be participating in, the risks associated with each of the activities, the concept of "Challenge by Choice" and my responsibility to know my own limits.

# Gene Eppley Camp CHALLENGE COURSE

## Applicant Information and Release of Liability

### Page 2 of 2

Having chosen to participate in any activity and accepting full responsibility for my own choices, I hereby release the Gene Eppley Camp and The Salvation Army, the Challenge Course staff members and persons participating as instructors in these activities, from any and all liability for bodily injury, emotional injury or loss of property.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Guardian if under 18

\_\_\_\_\_ Date \_\_\_\_\_

Printed name of signature above \_\_\_\_\_

### The Gene Eppley Camp staff and/or Challenge Course staff have my permission to seek emergency medical care for the participant in the event that:

- (1) The health and well-being of the participant is involved;
- (2) The participant or parent/guardian is unable to respond or cannot be reached at the time of the emergency;
- (3) Due to the nature of the emergency, there is insufficient time to contact the parent or guardian.

Participant Signature: \_\_\_\_\_

Signature of Parent or Guardian if under 18 \_\_\_\_\_

#### PHOTO MEDIA RELEASE

I grant the The Salvation Army Gene Eppley Camp the right to use, reproduce, assign and distribute photographs, films, videotapes and sound recordings of myself or my child for use in promotional materials they may create.

Signature: \_\_\_\_\_

Signature of Parent or Guardian if under 18 \_\_\_\_\_

FOR OFFICE USE ONLY: Received by staff on date \_\_\_\_\_

Participant Age verified as \_\_\_\_\_ Staff signature \_\_\_\_\_